

2007 USA WEIGHTLIFTING WINTERFEST WerkSan High School WEIGHTLIFTING CHAMPIONSHIPS

****TENTATIVE COMPETITION SCHEDULE****

Daily weigh-in and lifting schedule is subject to change due to number of entries. Changes, if needed, will be announced at the TECHNICAL MEETING on FRIDAY December 15TH at 7:30 PM. No class changes between days. The only changes that may occur will be the actual weigh-in and lifting times. Anyone who does not attend the Technical Conference agrees to accept all decisions made there! This will be a one-platform competition.

SATURDAY December 15, 2007

All females will compete with a 15 kilogram bar!

SESSION	GENDER	CATEGORY (S)	WEIGH-IN	LIFT
1	Boys	56,62 KG	9:00 AM	11:00 AM
2	Girls	48,53+KG	11:00 AM	1:00 PM
3	Boys	69,77 KG	1:00 PM	3:00 PM
4	Girls	58,63 KG	3:00 PM	5:00 PM

SUNDAY December 16, 2007

1	Boys	85,94 KG	9:00 AM	11:00 AM
2	Girls	69 KG	11:00 AM	1:00 PM
3	Boys	105,105+ KG	1:00 PM	3:00 PM
4	Girls	75,75+ KG	3:00 PM	5:00 PM

All bodyweights in respective weight classes for qualifying purposes will be factored in to the appropriate weight class according to age categories for International competitions and school-age camps.