

2007 WINTERFEST HIGH SCHOOL TEAM WEIGHTLIFTING CHAMPIONSHIPS
A two lift competition consisting of the snatch & clean-and-jerk

December 14-16, 2007 Duke Energy Convention Center
300 West 6th Street
Cincinnati, Ohio 45202

SANCTION NUMBER: 18-07-07

SANCTIONED BY: USA Weightlifting
Ohio Local Weightlifting Committee
LWC President, Joanna Jones
Current IWF and USA Weightlifting rules, as adapted for the WerkSan High School program, will be followed (see special rules below).

ORGANIZING COMMITTEE: Greater Cincinnati Sports Corp
USA Weightlifting
Cincinnati Weightlifting Club

ENTRY FEES: Each Team-\$25 per athlete entered, up to maximum of \$100
NOTE: all fees NON-REFUNDABLE. No credit cards can be accepted.
Make check or money order payable to: Christopher Cleary

MAIL ENTRIES TO: Chris Cleary c/o Cincinnati WLC
5640 Chesapeake Way
Fairfield, OH 45014-3888
E-mail: cleanandjerk@zoomtown.com Fax: 513-942-1314

ENTRY DEADLINE: Entries must be postmarked or faxed no later than: **FRIDAY, November 30, 2007.**
ABSOLUTELY NO LATE OR INCOMPLETE ENTRIES WILL BE ACCEPTED. Entry fee payment must accompany the entry form. If faxing form, entry will be considered incomplete until payment is received.

ELIGIBILITY: All USA Weightlifting registered high school teams, in good standing, comprised of athletes who are currently attending ninth through twelfth grades in the school on whose entry form they appear.

PROOF OF USA WEIGHTLIFTING REGISTRATION, SCHOOL ADMISSION, AND PERSONAL IDENTIFICATION REQUIRED AT WEIGH IN:

All participants are REQUIRED at weigh-in to produce A SCHOOL PHOTO ID OR LETTER ON SCHOOL LETTERHEAD ATTESTING TO ATTENDANCE and a copy of the team's current USA WEIGHTLIFTING MEMBERSHIP FORM.

WEIGH-INS: Official weigh-ins will be done at Meet Venue. Whatever class a lifter qualifies for at the weigh-in will be his/her assigned, respective weight category.

ORGANIZATIONAL MEETING: Friday, December 14th, 7:30 - 8:00 PM Local Time at the Meet Hotel.
Final Team Entries must be turned in to the Competition Administration during this meeting.

SPECIAL HIGH SCHOOL PROGRAM RULES:

1. Either singlets or high school gym or other uniform consisting of shorts and shirt may be worn by competitors. If a singlet is not worn, shirt sleeves must reveal both elbows, and shorts must fall above both knees. Weightlifting shoes are not required; any athletic footwear will be permitted.
2. Teams may enter as few (minimum = 1) or as many (maximum = no limit) athletes as they choose, but only those listed on the official team roster will count towards team scoring. The official team may consist of 8 boys / 7 girls with no more than two per weight class.

QUALIFYING TOTALS: Totals achieved can be used by athletes as qualifiers for subsequent USAW events, but only if an individual USAW membership is obtained within two weeks of the conclusion of Winterfest.

AWARDS: Top three (3) team awards overall for both boys and girls based on totals only. No team points will be awarded for any lifter who does not total. Team points will be awarded in all boy and girl's classes. Teams will consist of a maximum of 8 boys / 7 girls. 1st place =11 points, 2ND=9, 3RD=8, 4TH=7, 5TH=6, 6th=5, 7th=4, 8th=3, 9th=2, 10th=1. Top three (3) individual awards in each weight-class.

2007 USA WEIGHTLIFTING WINTERFEST WerkSan High School WEIGHTLIFTING CHAMPIONSHIPS
****TENTATIVE COMPETITION SCHEDULE****

Daily weigh-in and lifting schedule is subject to change due to number of entries. Changes, if needed, will be announced at the TECHNICAL MEETING on FRIDAY December 15TH at 7:30 PM. No class changes between days. The only changes that may occur will be the actual weigh-in and lifting times. Anyone who does not attend the Technical Conference agrees to accept all decisions made there! This will be a one-platform competition.

SATURDAY December 15, 2007

All females will compete with a 15 kilogram bar!

SESSION	GENDER	CATEGORY (S)	WEIGH-IN	LIFT
1	Boys	56,62 KG	9:00 AM	11:00 AM
2	Girls	48,53+KG	11:00 AM	1:00 PM
3	Boys	69,77 KG	1:00 PM	3:00 PM
4	Girls	58,63 KG	3:00 PM	5:00 PM

SUNDAY December 16, 2007

1	Boys	85,94 KG	9:00 AM	11:00 AM
2	Girls	69 KG	11:00 AM	1:00 PM
3	Boys	105,105+ KG	1:00 PM	3:00 PM
4	Girls	75,75+ KG	3:00 PM	5:00 PM

All bodyweights in respective weight classes for qualifying purposes will be factored in to the appropriate weight class according to age categories for International competitions and school-age camps.

**2007 USA WEIGHTLIFTING WINTERFEST WerkSan High School WEIGHTLIFTING CHAMPIONSHIPS
OFFICIAL ENTRY FORM**

PLEASE TYPE OR PRINT ALL INFORMATION CLEARLY

Please enter me in the 2007 WINTERFEST HIGH SCHOOL TEAM WEIGHTLIFTING CHAMPIONSHIPS to be held on December 14, 15, & 16, 2007. I certify that I am an amateur in good standing. In consideration of my entry in the competition, I do hereby waive, and release USA Weightlifting, Werk-San Sports USA, Greater Cincinnati Sports Corp, the Ohio LWC of the USAW, Cincinnati Weightlifting Club, the Meet Hotel & Venue, and their respective directors, officers, officials, agents and competition personnel, hereinafter known as the "Organizers," from any and all causes of action, loss, liability, claims and demands of every kind and nature, which I or my heirs or personal representatives may have for bodily injury, for expenses of medical treatment, hospitalization, and other care rendered to me in the event of my injury or illness, or for any and all other costs, damages or losses suffered or incurred by me or occasioned to me in connection with my travel to and from, and my participation in, the competition and related activities, except that the forgoing waiver and release shall not apply to injuries, damages, and losses resulting from the gross negligence and/or wanton misconduct of the Organizers or to bodily injuries and medical expenses covered by accidental death, dismemberment and/or loss of sight and medical reimbursement insurance policies maintained by the Organizers.

I agree to be filmed and photographed under conditions approved and authorized by the USAW, to include the use of my name, biographical information, public appearances, interviews, photographs, portrait and motion pictures and television recordings of my weightlifting performance and grant to USAW and Organizers the right to record and make use of the same, and to authorize others to do so in promoting the competition and the success of the weightlifting team on which I compete, to promote the image of USAW, its sponsors and advertisers, and the sport of amateur weightlifting, and to fund the activities of the USAW.

I (and my parent or guardian, if I am a minor), agree that the Organizers and its agents, including competition personnel, may make judgments (with appropriate input from available medical personnel), as to my treatment, hospitalization or other medical care in the event of my illness or accidental injury in connection with my participation in the competition, should I be disabled or incompetent to make necessary and appropriate decisions concerning such treatment, hospitalization or other care. I authorize the Organizers, its agents and competition personnel to make such decisions for me as though they stood in a relationship to me of parent, guardian or next of kin should circumstances require the Organizers, its agents and competition personnel to make such judgments, and my next of kin cannot be timely and conveniently contacted to participate in the making of such judgments.

I hereby release and agree to hold the Organizers, its agents and competition personnel harmless from all expenses, causes of action, liability, claims and demands arising from good faith judgments made by the Organizers, its agents and competition personnel concerning my treatment, hospitalization and medical care in the event of my illness, injury or other emergent circumstances in connection with the competition.

I (and my parent or guardian, if I am a minor), agree that I will be financially responsible for treatment, hospitalization and other medical care rendered to me in the event of my illness, injury or other emergency circumstances in connection with the competition, except to the extent my injuries and medical expenses, if any, are covered by accidental death, dismemberment and/or loss of sight and medical reimbursement insurance policies maintained by the Organizers for my benefit, in which event I will nevertheless continue to be financially responsible for expenses of treatment, hospitalization and other medical care in excess of such policies' limits.

PAGES 3,4,5,and 6 MUST BE COMPLETED AND SUBMITTED TOGETHER

PARENTAL CONSENT FORM (MUST BE COMPLETED FOR ALL ATHLETES UNDER 18)

I have explained to my son/daughter the aforementioned releases and conditions and their ramifications and I further consent to his/her registration for this USAW activity under the above stipulated conditions.

SIGNATURE _____ DATE _____

PRINTED NAME: _____ (Parent or Guardian)

EVERY UNDER AGE COMPETITOR IN THIS EVENT MUST HAVE YOUR PARENT OR GUARDIAN SIGN THIS RELEASE, IF YOU THEY HAVE FAILED TO DO THIS, ATHLETE WILL NOT BE PERMITTED TO LIFT.

2007 WINTERFEST HIGH SCHOOL TEAM WEIGHTLIFTING CHAMPIONSHIPS

OFFICIAL TEAM SCORING FORM

Select one: ___Boy's Overall (MAXIMUM OF 8) ___Girl's Overall (MAXIMUM OF 7)

(Make copies as necessary for additional teams)

Please enter the following overall team in the 2007 WINTERFEST HIGH SCHOOL TEAM WEIGHTLIFTING CHAMPIONSHIPS. I understand that if any athlete on my team tests positive for banned substance, that the team will receive no team points and will be disqualified from this competition.

This tentative team roster must be submitted by the entry deadline. Proof of mailing is required, please see page 1, "proof of entry."

Final team rosters are due in the competition secretary's hands between 7:30 PM - 8:00 PM on Friday, December 15, 2007 at the Organizational Meeting. No more than two per weight category per division. Five (8) boys and four (7) girls are allowed per team.

MAILED TEAM ENTRIES MUST BE POSTMARKED NO LATER THAN NOVEMBER 30, 2007

CHANGES TO ROSTERS ARE DUE BY 8:00 PM DECEMBER 15, 2007

HIGH SCHOOL NAME _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

	NAME	WEIGHT CATEGORY
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____
7.	_____	_____
8.	_____	_____

TEAM OFFICIAL: _____ (PLEASE PRINT)

SIGNATURE: _____

2007 CWSF Host Hotel Information

IMPORTANT NOTE ON RESERVATIONS: When making reservations, callers must specify **Cincinnati Winter Sports Festival**, not "Weightlifting", in order to receive the special event discount rate.

Millennium Hotel Cincinnati (walking distance to venue)

- Daily rates: Single, double occupancy: \$115.00 per night; Triple, Quadruple: \$125.00 per night.
- Reservations can be made via a link on the CWSF Website (<http://www.wsfest.com>) or by calling 513-352-2100 Monday through Friday from 8:30 am to 5:30 pm Eastern time or 800-876-2100 during evenings and weekends.
- Callers must specify Cincinnati Winter Sports Festival in order to receive the special discount rate.
- A maximum of 3 rooms may be reserved on one name within the group block.
- Check in time is 4:00 pm Eastern time and check out time is 12:00 noon.
- Room block will be held until November 13, 2007 at which time unreserved rooms within the block will be released. Additional reservations after this date will be accepted on a space-available basis.
- Valet parking is available for the rate of \$20.00 per day. Additional parking is available at other parking facilities on an hourly/daily basis.

Hilton Netherland Plaza (walking distance to venue)

- Daily rates: single, double, triple, quad: \$109.00 per night.
- Reservations can be made via a link on the CWSF Website (<http://www.wsfest.com>) or by calling 513-421-9100 Monday through Friday from 8:30 am to 5:30 pm Eastern time or 800-HILTONS during evenings and weekends.
- Callers must specify Cincinnati Winter Sports Festival in order to receive the special discount rate.
- Check in time is 3:00 pm Eastern time and check out time is 12:00 noon.
- Room block will be held until November 15, 2007 at which time unreserved rooms within the block will be released. Additional reservations after this date will be accepted on a space-available basis.
- Covered valet parking is available for the prevailing daily rate. Additional parking is available at other parking facilities on an hourly/daily basis.

Hyatt Regency Cincinnati (walking distance to venue)

- Daily rates: single, double, triple, quad: \$110.00 per night
- Reservations can be made via a link on the CWSF Website (<http://www.wsfest.com>) or by calling 888-421-1442.
- Callers must specify Cincinnati Winter Sports Festival in order to receive the special discount rate.
- Check in time is 3:00 pm Eastern time and check out time is 12:00 noon.
- Room block will be held until November 15, 2007 at which time unreserved rooms within the block will be released. Additional reservations after this date will be accepted on a space-available basis.
- Parking is available at prevailing daily rate. Additional parking is available at other parking facilities on an hourly/daily basis.

Ramada Cincinnati Downtown (not within walking distance to venue)

- Daily rates: Double room with 2 queens/King room with sleeper sofa: \$79.00 per night.
- Reservations can be made via a link on the CWSF Website (<http://www.wsfest.com>) or by calling 513-241-8660 anytime.
- Callers must specify Cincinnati Winter Sports Festival in order to receive the special discount rate.
- Check in time is 3:00 pm Eastern time and check out time is 12:00 noon.
- Room block will be held until December 10, 2007 at which time unreserved rooms within the block will be released. Additional reservations after this date will be accepted on a space-available basis.
- Hotel Parking is on-site and is FREE.